



910 Miller Ave., Crossville, TN 38555

www.tcatuppercumberland.edu

Physical Examination
including Medical History
PRACTICAL NURSING and Surgical Technology

The medical history and physical examination form must be completed and filed with TCAT Upper Cumberland by the deadline. The physical examination must be completed no earlier than three (3) months before the first day of class.

Name: _____
Last First Middle Maiden, if married

Telephone: _____ PIN/ (your 3 initials + birthday)

Medical History (to be completed by applicant)

Have you ever had any of the following? Indicate with YES or NO for each one.

- | | |
|---------------------------------|--|
| _____ Allergies | _____ Kidney Disease |
| _____ Asthma | _____ Migraine |
| _____ Back Injury | _____ Rupture or Hernia |
| _____ Cancer | _____ Skin Problems |
| _____ Diabetes | _____ Surgeries/Injuries |
| _____ Epilepsy/Seizure Disorder | _____ Take any medications |
| _____ Emotional problems | _____ Thyroid Disorder |
| _____ Eye/Vision Problems | _____ Treatment for drug or alcohol |
| _____ Heart Trouble | _____ Use assistive devices, ex: hearing aid |
| _____ Hepatitis | |
| _____ High Blood Pressure | |
| _____ Jaundice | |

If you indicated YES to any of the above, please explain:

Signature: _____ Date: _____



Physical Examination (to be completed by a physician or nurse practitioner)

Name: _____

Last First Middle Maiden, if married

Blood Pressure _____

Pulse: _____

Vision screening _____ (If glasses are needed, they should be obtained before entering the program.)

Eyes: _____

GI: _____

Hearing: _____

GU: _____

Skin: _____

Neurological Status: _____

Lungs: _____

Musculoskeletal: _____

Heart: _____

TB Skin Test _____

Physical Job Requirements for Practical Nurses and Surgical Technologists

Continuously: stand/walk; verbal and written communication; hearing ordinary conversations; seeing near/far with acuity; chemical exposure to chemotherapeutic agents; general occupational exposure to airborne particulate; exposure to blood and body fluid.

Frequently: bend/stoop; squat/crouch; overhead: reach 7 lbs or more; lift 7 lbs or more; carry up to 10 lbs; patient transfers; push/pull up to 10 lbs; patient bed activities; distinguish colors; repetitive motion (hand/wrists); marked changes in temperature/humidity.

Occasionally: crawl, balance/ladder; carry up to 24 lbs; lift up to 24 lbs; push/pull more than 75 lbs; work with moving machinery, radioactivity, and excessive noise.

The applicant must be able to bend, stoop, lift, have manual dexterity, and fine motor skills as indicated above. In your medical opinion, would this person be able to perform these duties? _____

Do you consider the applicant mentally and physically able to perform the duties of an LPN or ST? _____

Based on your findings, are other tests indicated? _____ If yes, please list. If performed, please give results. _____

Additional Remarks: _____

I have this day performed a physical examination and found the applicant in good health and free of communicable diseases.

Physician or Certified Nurse Practitioner Signature

Date

Business Name

Address