

Possible Sources of Help

NAME	PHONE & ADDRESS	SERVICES	QUALIFICATIONS
AVALON CENTER	931-456-0747 24/7 Help Line: 800-641-3434	Domestic violence shelter, Emergency Hotline, Court Advocacy, Domestic violence education	Currently fleeing domestic violence, stalking or sexual assault
PLATEAU MENTAL HEALTH CRISIS HOTLINE	800-704-2651	Breakdown, Suicidal or homicidal thoughts	In need of counselor or other assistance
CUMBERLAND MOUNTAIN MENTAL HEALTH	4325 U.S. 127 Crossville, TN 38571 Phone: (931) 484-8020	Addictions Recovery Program, Case Management adult and child, Community Treatment, Mobile Crisis Response, Older Adults Program Care Management, Outpatient Therapy individual, family and group, Peer Support Center, Rental Assistance Supervised Probation Offender Treatment Tele-Health	Please call for insurance and payment information and other types of available treatments.
CHRISTIAN COUNSELING CENTER	348 Taylor Street Suite 105 Crossville, TN 38555 931-707-8200	Adult, Child and Adolescent Counseling	fees are based on your income and the size of your family.
NAT'L SUICIDE HOTLINE	800-403-2668 Text: "GO" to 741741	Suicide prevention	Needing counseling or other assistance
PLATEAU PREGNANCY CENTER	931-456-6944 99 Walker Hill St. 24/7 Help Line: 931-200-7022	Testing, Education/classes, Mentoring, Counseling, Abortion recovery, Drug Recovery Assistance	Monday - Thursday: 10:30 AM-4PM Friday - Sunday: CLOSED FREE
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Please call locations to verify information

NAME	PHONE & ADDRESS	SERVICES	QUALIFICATIONS
LEGAL AID SOCIETY	(931) 528-7436	They handle a broad range of cases to protect livelihood, health and safety of low-income families.	Must meet under the income limits. Please call for more information and to see if assistance is available.
DEPT. OF HUMAN SERVICES (DHS)	931-484-2573 32 Daniel Street	SNAP (food stamps) TANF (Families First WIC, TennCare	Must meet under the income limits. (each program has different limits)
UCHRA	931-456-0691 73 Methodist Campground Loop	UCarts (transportation) LIHEAP , Crisis funding –rents & utilities	Varies
GOOD SAMARITANS	931-484-3225 281 10th Street	Food, Jobs items, rents, utilities, etc.	Varies on families need
HOSPICE OF CUMBERLAND COUNTY	30 E Adams St, Crossville, TN 38555 Phone: (931) 484-4748	treats hospice-appropriate patients who have terminal Diagnoses including cancer, heart disease, ALS, pulmonary disease, stroke, liver disease and dementia, with a prognosis of six months or less	For questions or for more information about patient admission, please contact: 931-484-4748

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Churches and Food

NAME	PHONE & ADDRESS	SERVICES	QUALIFICATIONS
CUMBERLAND FELLOWSHIP CF STOREHOUSE	931-787-1355 202 West Avenue Call office with any questions	Food – at risk, shut in, elderly, emergency food. Rent, Utilities, Misc., Hot meal, thrift store	Homeless Food Boxes- case by case. Elder & shut in food boxes. Please call office. Thrift store Tue & Wed 9-2pm Breakfast-M, Tu, Wed. Financial-Wed. 9am-Noon.
HOMESTEAD UMC	931-484-7996 295 Hwy. 68	Food Pantry	Varies on families need. 2 nd Sat of month
ST. ALPHONSUS CATHOLIC CHURCH	931-484-2338	Rent, Utilities, Deposits, Misc.	Varies on families need. M,T,Th, F 10am -2pm
CUMBERLAND HOMESTEAD BAPTIST CHURCH	931-484-5523	Infant needs, clothing, etc.	2 nd Sat of each month 8am-11am Call to confirm
FIRST UNITED METHODIST	931-484-3537 100 Braun St	Utilities, Rent, Deposits	Tues. 8:30-11:30 Family need
CENTRAL BAPTIST	931-484-8426 1346 S. Main St,	Utilities Only	Wed. 1:15-1:45 must make appt several days in advance
CORNERSTONE BAPTIST REDEMPTION CHURCH	931-484-8476 384 Tenth Street	Food Pantry	Weds. After church service
	931-484-2546 73 Commercial Dr	Food, Financial	Food-Wed pm after church service & Sun am after service Financial-Sun after service
TRINITY TABERNACLE	931-484-2338 2028 S. Main St.	Food & Clothing	Mon. 10am-2pm Only
PEAVINE CARE CENTER	931-484-4570	Food and other services	Wednesday 12-2pm First time visitors must register at noon
CHA RESIDENT COUNCIL	(931) 484-2990	Food, Personal Hygiene, Cleaning supplies	Public Housing Residents Food Pantry-every Wednesday 11:30-12:30 Activity Cntr-Taylor Street Care Closet-3 rd Thursday of month-Twin Oaks Apts.

Please call locations to verify information

Employment Resources

COMPANY	PHONE /ADDRESS	WEBSITE
American Job Center (Career Center)	60 Ridley St, Crossville (931) 484-7456	Jobs4TN.gov
Wise Staffing Services	62 E. 2nd St., Crossville (931) 707-0999	Wisestaffinggroup.com
Express Employment	25 Maple Grove Dr. #101. Crossville (931) 210-5555	Epresspros.com
AtWork Personnel Services	1299 Genesis Rd. #1 Crossville (931) 456- 2697	
SmallBiz Staffing	60 Ridley St., Crossville (931) 787-1727	Smallbizstaffing.com
Internet Job Boards	Please be careful of job scams when searching these sites. For more info visit jobs4tn.com	Indeed.com, Monster.com, Ziprecruiter.com, Snagajob.com
Hilltoppers, Inc	151 Sweeney Dr., Crossville (931) 484- 2535	Hilltoppersinc.com
Home Instead Senior Care	19 Stanley St., Crossville (931) 707-5595	Homeinstead.com
Comfort Keepers	80 Miller Ave, #103 Crossville (931) 456- 9000	crossville-451.comfortkeepers.com
Grace Givers Home Care	110 Rector Ave, Crossville (931) 337- 0890	gracegivershomecare.com
Crossville Housing Authority	67 Irwin Ave., Crossville (931) 484-2990	Must apply in person
Cumberland County Schools	368 4th St., Crossville (931) 484-6135	http://www.ccschools.k12tn.net
Cumberland Medical Center	421 S. Main St., Crossville (931) 484- 9511	www.cmchealthcare.org
Crossville Chronicle	125 West Ave. Crossville (931) 484-5145	http://www.crossville-chronicle.com
TN Dept of Human Resources		www.tn.gov/content/tn/hr.html
FACEBOOK Resources		Crossville job board

** This list is only a few of the resources available for helping you find your dream job.